



Dear Surgical Guest,

Welcome to Pine Ridge Surgery Center. Please read the following for important information regarding your surgical procedure.

What to bring:

Please bring your insurance cards
Please bring your photo Identification
Please bring your co-payment
Please bring your negotiated partial deductible

- Please visit our website www.pineridgesurgery.com to view further patient information regarding Notice of Privacy Practices, Patient Rights & Responsibilities, Advance Directives and Frequency Asked Questions.
- A nurse will call you regarding your procedure. The nurse will ask questions about your medications, dosages, medical and surgical history. Based on your medications and history; diagnostic lab tests, X-rays and ECGs may need to be completed prior to your surgery. These are not routinely performed on all surgical patients.
- You will be going home the same day. It is **required** that someone else drive you home. If you are using public transportation to return home, you **must** have a responsible adult to escort you home. It is **strongly suggested** that you not drive for the remainder of the day, and that someone stay with you until the following day.
- Call your surgeon's office if you develop a cold, sore throat, fever or any other illness that occurs within 48 hours before your surgery.

FASTING BEFORE SURGERY:

- **FOOD/WATER:** Fasting instructions will be provided by a nurse from the Surgery Center.
- Your **prescription** medications will be reviewed during the interview and those indicated may be taken with sips of water on the day of surgery.
- No oral hypoglycemic medication or insulin on the day of surgery.
- Please NO gum, breath mints or chewing tobacco after midnight.
- Brush your teeth, rinse and spit without swallowing the water.
- PLEASE take a shower the morning of surgery using an antimicrobial soap such as Dial.

WHAT TO BRING:

- Bring payment for co-pay and deductible discussed with the Surgery Center.
- Bring your insurance card and photo ID.
- Please do NOT apply makeup, deodorant, creams or lotions.
- Bring a case for contacts, glasses and dentures.
- Bring crutches if having foot surgery.
- Bring any durable medical equipment (DME) already issued or previously in use as per instructed by center personnel or physician (boot, splint, etc).
- Leave ALL jewelry and valuables at home. The Surgery Center is not responsible for valuables.
- Wear loose fitting, comfortable clothes.

Thank you,
Pine Ridge Surgery Center